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Northcote Primary School Newsletter

Issue 4 · 22 Mar 2024

Collaborative Learning in a Community that Cares

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Thornbury High School Open Night



Fitzroy High School Open Day



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OSH Club



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Classroom Cuisine 2024



Our Proud Sponsors



Sun smart- Please pack your hats!



CSEF- are you eligible?



THE BUSINESS END OF SCHOOL LIFE



Pupil of the week Term 1



2024 First Aid Team



Kelly Sports and Dance Program



Parent Payment Arrangement 2024

2024 Parent Payment Arrangements.

We very much value being able to support our student's learning and growth by offering them opportunities through resources like Mathletics, Reading Eggs, books, stationery and programs such as Evolve, Pivot, Essential Assessments, to name a few.

The '2024 Parent Payment Arrangement' is located Compass.

This will allow Northcote Primary to support the standard curriculum for our children.

This also allows us to strive to offer the best possible education to our children with supporting programs and resources to foster optimal learning outcomes and experiences for all. The exact details of what this contribution covers and how it is

spent is in the document attached. All students receive their individual student materials on the first day of school next year.

We would like to acknowledge that although this contribution is higher than previous years, we have tried our best to avoid this as much as possible. There has been very careful consideration taken, in reaching the final amount for 2024. We have tried to reduce the number of payments across the year whilst also absorbing the increasing general costs to make sure that the school is not running at a loss and can still provide a wide range of programs and experiences to enhance the standard curriculum.

We would like to remind you that these payments are voluntary and assure you that they are in line with the Victorian DET guidelines and similar to surrounding schools.

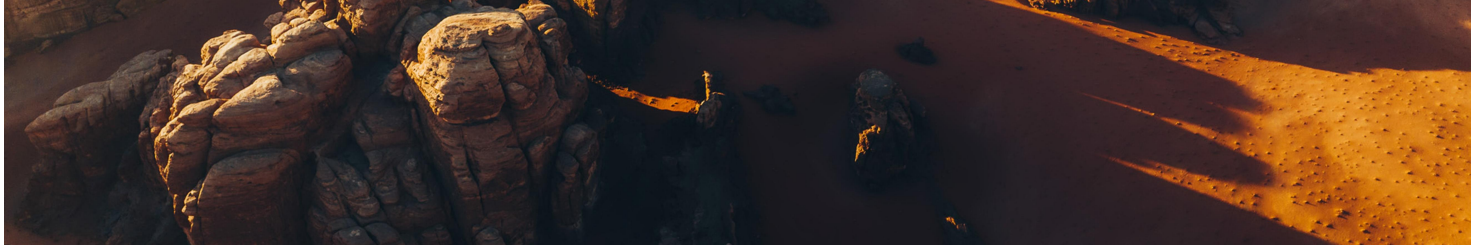
Please continue to regularly check Compass - we use the Compass platform for all our official communication with families.

The cost for 2024 Parent Payment Arrangement is \$350.00

In the newsletter section 'THE BUSINESS END OF SCHOOL LIFE' compass information, you will find attached a copy of the Compass Pay Parent Guide on how to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

 2024 PPA Northcote PS Final Version SW JP School Council Approved 11...



Dates to Remember 2024

Just a little reminder

Our school gates are unlocked at 8.45am each morning to allow students to enter.

The yard is not supervised before this time.

Students can enter classrooms from 8.50am each day. The gates are locked again at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

2024

Term 1 begins Tuesday 30th January 2024 (the term officially begins on 29th January however this is a student free day)

- Mondays Assembly 9.10am
- Monday 18th March - Parent Helper Induction Session 9.30am
- Monday 25th March - Crazy Hair Day, show support for the The Leukaemia Foundation
- Wednesday 27th March at 2pm - Kelly Dance Performance in the Hall.
- Thursday 28th March - End of term 1
- Friday 29th March - Good Friday

Term 2

- Mondays Assembly 9.10am
- Monday 15th April - Term 2 begins
- Week beginning 22nd April (more details to come) Smile Squad visits NPS
- Friday 3rd May - 150 years Celebration
- Tuesday 11th June - Curriculum Day - PUPIL FREE DAY

- Monday 13th -15th May - 5/6 Lady Northcote Camp

Term 3

- Trivia Night < Welcome to Thornbury Thursday 12 September 2024
- Mondays Assembly 9.10am
- Monday 15th July - Term 3 begins.
- Thursday 1st August - Parents Battle of the Bands at The Croxton Band room.
- Wednesday 14th - 16th August - 3/4 Camp Toolangi
- Friday 23rd August - Professional Planning Day PUPIL FREE DAY
- Friday 20th September - Term 3 ends, early dismissal 2.30pm

Term 4

- Icypole Fridays are back!
- Tea Towel Fundraiser (more details to come)
- Mango Fundraiser (more details to come)
- Mondays Assembly 9.10am
- Monday 7th October - Term 4 begins
- Tuesday 8th - 9th October - 1/2 Mt Evelyn Camp
- Monday 4th November - Curriculum Day
- Tuesday 5th November - Melbourne Cup Day
- End of Year Picnic and Art Show (more details to come)
- Friday 20th December - Term 4 ends, early dismissal 1.30pm

School Tour Dates

2024 NPS Tour Dates

- **Tuesday 20th February, 9.15am to 10.15am**
- **Tuesday 5th March, 9.15am to 10.15am**
- **Thursday 7th March, 4 – 5pm**
- **Tuesday 19th March, 9.15am to 10.15am**

- **Thursday 18th April, 4 – 5pm**
- **Prep Parent Information evening -Tuesday 30th April, 7 – 8pm**
- **Thursday 2nd May, 4 – 5pm**
- **Tuesday 21st May, 9.15am to 10.15am**
- **Tuesday 25th June, 9.15am to 10.15am**
- **Thursday 1st August, 4 - 5pm**

School Council and Sub Committee dates 2024

Wednesday 21st February 7-9pm - Finance Meeting (policies)

Wednesday 20th March 6.30pm - Annual Report Meeting

7-8.30pm - AGM, New School Council



Greetings from Shaun

FETE DAY 2024

I am absolutely thrilled to share the amazing success story of our beloved Northcote Primary School Fete! Our fete has blossomed into an extraordinary celebration of joy, creativity, and community spirit, making it a highlight for the whole community. This year it was made even more special by helping us kick off our 150th Anniversary celebrations.

With colourful stalls, historical exhibits, exciting rides and games, and delicious treats, our fete is a true showcase of the talents and creativity within our school community. But our fete isn't just about having fun; it's also about making a positive impact. Through our fundraising efforts, we've been able to support some really important school projects and provide much needed resources for

classrooms. It's incredible to see how our small individual efforts and working together can make such a big difference!

The success of our fete wouldn't have been possible without the support and dedication of our amazing volunteers, teachers, parents, and students. Each one of you has played a crucial role in making our fete a resounding success, and we are incredibly grateful for your hard work and enthusiasm.

I know we have acknowledged these two amazing people before, but I would like to take this opportunity to again thank Sam Richardson and Lucy Sinclair for the blood, sweat and tears that they both put in to coordinating this year's fete. Thank-you both so very much.

Athletics Day

What a fantastic day filled with laughter, team spirit, and incredible athleticism at our recent Athletics Carnival! The Coburg Athletics track was buzzing with excitement as students showcased their athletic prowess and cheered on their houses and their peers.

From sprinting to long jump, every event was met with enthusiasm and determination, highlighting the true spirit of sportsmanship. We witnessed amazing displays of skill, perseverance, and teamwork throughout the day. A big round of applause to all participants for their hard work and effort!

But once again, let's not forget the invaluable support from our teachers, staff, and parent volunteers whose efforts made this event possible. A particular shout out to Dale for his work in coordinating another successful carnival.

VICTORIAN CURRICULUM 2.0 MATHS

As mentioned in our last edition, the Victorian Curriculum is undergoing revisions, beginning with Maths. Two key changes are:

1. The content is now organised into 6 strands - Number, Algebra, Measurement, Space, Statistics and Probability, where previously content was structured into 3 dual strands and 13 sub-strands

This change improves the sequencing of key concepts and makes it easier to track the progression of learning in these strands. It also opens up more opportunities for teachers to make links across different areas of mathematics.

2. There is a stronger emphasis on the proficiencies of Understanding, Fluency, Problem Solving and Reasoning.

- **fluency** - number fact knowledge and the ability to carry out procedures flexibly, accurately, efficiently, and appropriately.
- **reasoning** – explaining thinking and justifying strategies used, transferring learning from one context to another.
- **understanding** – the ‘why’ and ‘how’ of mathematics and using concrete materials, pictures, tables, diagrams, and equations to show this.
- **problem solving** – the ability to identify what a question is asking, choose the most efficient strategy, try it, check and rethink if needed, and verify whether the answer is reasonable.

The proficiencies are fundamental to learning mathematics and working mathematically. They highlight the importance of students having a deep understanding of mathematical concepts, skills and knowledge.

This week our teachers spent a professional learning session unpacking the new curriculum in the areas of Additive (addition & subtraction) and Multiplicative (multiplication & division) thinking, as these will be major number unit’s next term. During this week all teams had a planning day for Term 2, where they worked collaboratively to plan out the teaching and learning program across all areas of the curriculum.

Next term we will have further updates on the Victorian Curriculum 2.0 and how that will relate to student reporting.

NAPLAN

This week we completed our final NAPLAN test – Numeracy, as well as some catch up tests. Overall, the testing period ran very smoothly, and our students are to be congratulated for their effort, focus and resilience during this time. A big thank you to all our teachers and parents for helping to prepare and support students through the testing window. Individual student reports will be available

later in the year; we will let you know when we have further information regarding dates.

Take Care,
Shaun.



Crazy Hair Day & World's Greatest Shave

Crazy Hair Day- Monday 25th March

Come in your craziest head of hair for the day to support Flynn in Grade 1/2A in his efforts to raise money for the Leukaemia Foundation for The World's Greatest Shave. Bring your gold coin donations or use the online link below to visit Flynn's donation page

<http://my.leukaemiafoundation.org.au/flyndrake>



Hi my name is Flynn,

When Margie, my grandma died of cancer it was the saddest thing that has ever happened to me. I wanted to do something to help so I decided to grow my hair to donate and raise money. I was going to try and donate it last year but my hair was 19cm, and the website said that it needed to be 20cm to be used as a wig, so I stuck with it for a whole extra year...and now my hair is 36cm long! I would really appreciate it if you would be part of my World's Greatest Shave community and donate to my page?

Your donation means that together, we're working to stop blood cancer in its tracks. Any amount – big or small – will make a real, tangible difference.

Mairead and Peter, Flynn's Parents:

"Thanks again for your help. Flynn has been blown away by everyone's support."

Flynn will show off his newly shaved head and his donation of hair at Assembly on Monday 25th March at 9.15am, in the Hall.



SCAN TO DONATE

ON 25/03/24
FLYNN DRAKE
IS SHAVING
TO RAISE FUNDS FOR
BLOOD CANCER



Why I'm fundraising

Hi, my name is Flynn.
I am shaving and donating my hair in memory of my Grandma, Margie who died of cancer. I would really appreciate it if you would be part of my World's Greatest Shave community and donate to my page.
Your donation means that together, we're working to stop blood cancer.



Athletics Day

Here are some highlights.....

Congratulations to all our students who enthusiastically gave their all in the spirit of Athletics Day.

A HUGE thank you to all the parent helpers, teachers and our PE teacher Dale, for making the day a big success!







































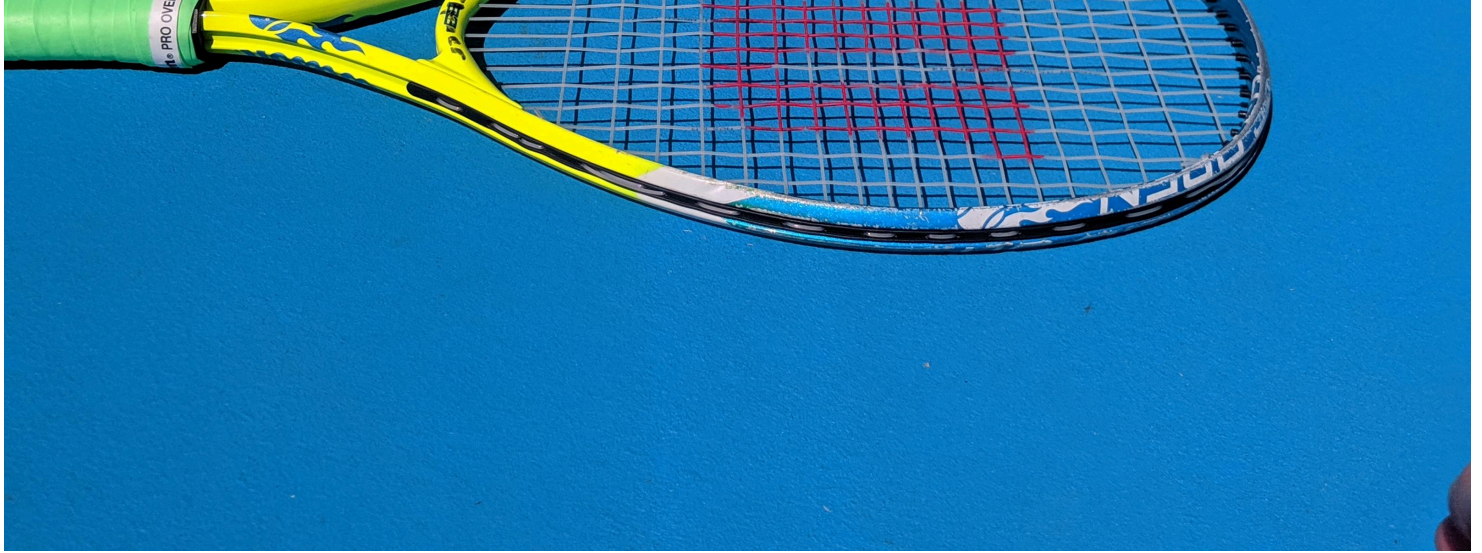












NPS represented at School Sports Victoria district tennis competition

On Monday 18th March, Connor went to the School Sports Victoria district tennis competition held at Plenty Tennis Club.

He was one of three boys from the Darebin district competing for spots at the regional finals.

They played a round robin competition with the top two going through.

Match 1

Connor vs Nihal

After a VERY long game (nearly an hour) Nihal was triumphant, final score being 4-6 in a hard fought win. Given Nihal is playing a much higher level in the local club comp Connor really kept the pressure on him with lots of long rally's. Well done to both boys.

Match 2

Connor vs Matyas (Tas)

With only a short breather Connor was back on the court against his second opponent. A tired Connor fought valiantly taking most games to sudden death at deuce (when points are equal 40-40 the next point wins the game) but eventually lost 1-6. Most games did go to sudden death at deuce.

Match 3

Nihal vs Matyas

With the heat we headed home early to get cool but these two will battle it out. They play regularly together at their local club.

Good luck to them both as they head to the regional championship

Connor came home sweaty but relatively happy with his performance. Lots of things to keep working on and an appetite to try again next year.

Well done Connor.

Note

Connor is currently playing section 13 in North Eastern Junior Tennis club comp and has a universal tennis rating (UTR) of 2.93

Nihal is currently playing in section 3 in club comp

Matyas is currently playing in section 5 in club comp and we think has a UTR of above 4

Junior club sections that incorporate doubles and singles play with a regular ball go from lowest at 17 to highest at 1.

Universal Tennis Ratings (UTR) rank you against other players based on your previous performance. They range from 1.00 to 16.99 or thereabouts.

Jannik Sinner, Italy, currently number one in the world for Men's singles has a UTR of 16.24

Rafael Nadal, Spain, has a UTR of 15.83

And our top Australian male player who is 10th in the world Alex De Minaur has a UTR of 15.69



Smile Squad is back at NPS



Want to know more?

The Victorian government's Smile Squad free school dental program is rolling out across Victoria.

Smile Squad provides **completely free** dental check-ups for all students in government schools. **There is no cost to you.**

From the 22nd of April to 10th May. (depending on student numbers) this initiative will be set up onsite at NPS. The initial assessments and minor works will be done at The Block and if any further treatment is needed students will be referred to a follow up appointment at a Smile Squad Clinic, which is ALL FREE!

- East Reservoir – 125 Blake Street, East Reservoir
- PANCH – 300 Bell Street, Preston
- Northcote – 42 Separation Street, Northcote

Depending on how many parents would like to take up this offer, will determine how long The Smile Squad will be onsite - potentially this program may run for a couple of weeks. We ask that if you would like your child to participate in this initiative that you complete and return the consent forms, either via the link <https://dentalhealthservicesvictoria.snapforms.com.au/form/sdp-consent-form> or by scanning the QR code located at the office - paper form will also be on hand at the office. For any further information regarding this initiative please refer to the link below and of course if you have any further questions please contact the office.. <https://www.smilesquad.vic.gov.au/information-parents>



Parent & Carer Tips- Online safety for CHILDREN

Parent & Carer Tips Online Safety for CHILDREN

MODEL

Model safe practices by:

- Setting profiles to private
- Avoiding hashtags
- Keeping personal information private
- Reviewing your 'friends' and 'followers'

Model consent by:

- Asking before taking and sharing pictures

PARTICIPATE

- Praise the positive
- Co-view and co-play
- Ask open questions about their online world
- Watch for changes in behaviour around device use

COMMUNICATE

Talk early, talk often, talk openly

- Encourage children to seek your help
- Reassure rather than react (eg ban devices)
- Listen and believe
- Support and find a solution together

SUPERVISE

- Turn on SafeSearch for Google
- Try safer alternatives to Youtube
- Use parental controls where practical
- Use devices in shared spaces
- Use Common Sense Media for reviews

DIGITAL WELLBEING TIPS

- Balance offline and online activities
- Consider your family's media diet
- Use Digital Wellbeing apps to set limits
- Set family values using the PlayingITSafe

How to encourage children to speak up...

I know you like...

Among Us



Roblox



Youtube



Sometimes you might...

See



Hear



Receive



Words



Photos



Videos



That might make you feel...

Upset



Confused



Worried



You can always tell me.

There's nothing you could ever do, or
tell me, that would make me love you
any less.



trusted
eSafetyprovider
esafety.gov.au



EVOLVE
ENGAGE | EDUCATE | EMPOWER

Trusted organisations to turn to for help

CARER RESOURCES



Click on the circles below for our 60 second video tips

Beacon App

"Beacon is designed specifically for parents as a personalised, one-stop-shop for reliable information about the online world.

It arms parents and carers with the knowledge they need to confidently help navigate their children's digital behaviour and reduce harms we know are associated with being online."

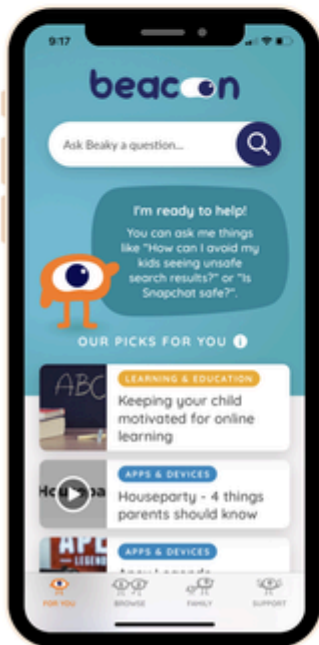
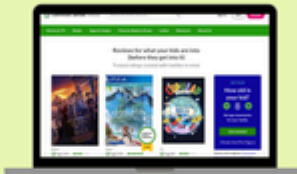
Free for download on:



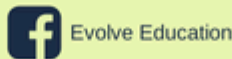
Common Sense Media

For reviews and age classification ratings on games, apps and media

Families and teachers everywhere trust Common Sense for expert reviews, objective advice, helpful tools, and so much more.



Evolve Education



We love feedback!
info@evolve-edu.com.au





Watch Playschool's Online Safety Episode

Kiya's Excellent eBirthday

Join Teo, Leah and the Play School crew as they team up with the eSafety Commissioner in this special episode exploring National early childhood online safety messages.



Click the Playschool gang to watch!



Read Swoosh and Glide

Read the picture book online or download it. You can also read along to the video or audio version. Discuss your online values as a family.

- [Read the book](#)
- [Watch the video](#)
- [Listen to the story](#)

PlayingIT Safe

"Helping parents, carers and educators teach young children how to stay safe online."

Explore the activities with your child to improve their online safety.

Click on the screen to access family media agreements and complete for your family members.



How to use PARENTAL CONTROLS



What are parental controls?

Parental Controls are used to block, filter, monitor and limit use.



How do I turn them on?

Internet Matters has a comprehensive, step by step guide on how to set up parental controls on devices, networks and programs.

[internetmatters.org](https://www.internetmatters.org)

Where can they be used?

Parental controls are available on devices, networks and programs.



Why use them?

Physical supervision is always best. However, parental controls can help reduce accidental exposure and provide some coverage when 'over the shoulder' supervision isn't possible.

No parental control is 100%, which is why building an open and trusting relationship with your child and their online world is so important.

Which option is best for my family?

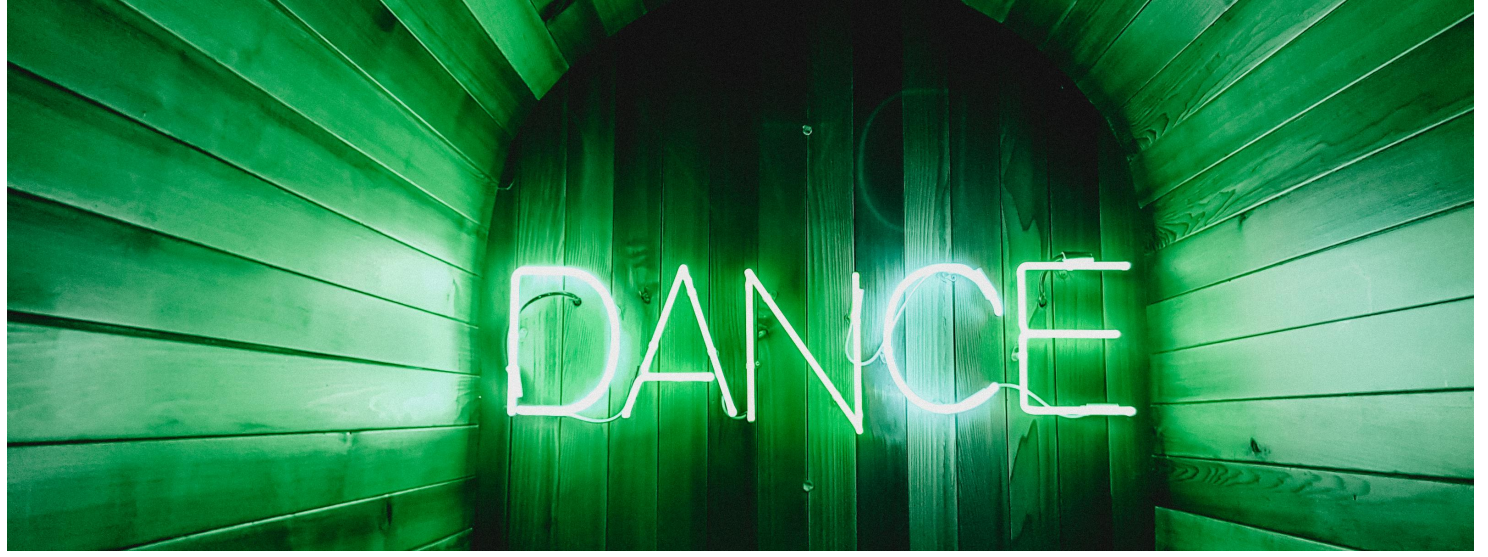
Every family is different, so you need to consider the following when choosing which parental controls are right for you.

- The age of your child/ren
- Whether devices are shared between adults and siblings
- Where the devices are used and how they connect.

Simple changes you can make today

- Set Google as the default search engine and turn SafeSearch on
- Use Youtube Kids or curated content like ABCKids
- If using Youtube, lock restricted mode
- Create profiles for your kids on streaming services and password protect adult profiles.





Kelly Sports & Dance Term 2 enrolments



**KELLY
SPORTS**

KELLY SPORTS SPORT & DANCE

TERM 2 2024



**KELLY
SPORTS**



IT'S TIME TO GET THE KIDS ACTIVE

AWESOME AUTUMN SPORTS

Get ready for some after-school fun with Awesome Autumn Sports! Our program focuses on making sports enjoyable and accessible for kids of all levels. With convenient timings and a strong emphasis on participation and skill-building, your child will have a blast while staying active. Join us at Awesome Autumn Sports and watch your child thrive both on and off the field! In Term 2 we are focusing on Soccer, AFL, Invasion & Evasion Games & Hockey

WHEN: Monday's

DATES: 15th April - 24th June (no class 10th June)

TIME: 3.30pm - 4.40pm

YEAR LEVELS: Prep's - 4's

COST: \$160 (10 weeks)

DANCING DYNAMOS

Calling all young movers! Get ready to groove with Dancing Dynamos, our exciting dance program for kids at school. This term, we're dancing to the infectious beat of "Happy." Led by experienced instructors, children explore creativity, coordination, and confidence-building through the joy of movement. Plus, don't miss our weekly practice videos on [YouTube](#) and the end of term performance where our stars shine! Join us for endless smiles and unforgettable memories. Sign up now!

WHEN: Wednesday's

DATES: 17th April - 26th June

TIME: 1.30pm - 2.30pm

YEAR LEVELS: Prep's - 6's

COST: \$176 (11 weeks)

FOR MORE INFORMATION VISIT WWW.KELLYSPORTS.COM.AU/INNER-NORTHERN

Website: kellysports.com.au/inner-northern

Contact: Shane Oliver

Email: shane@kellysports.com.au

Phone: 0432 522 829

Facebook: #KellySportsInnerNorthern





OSH CLUB

Holiday Program

Please ensure all food complies with allergy guidelines.
Contact your service for detailed information.

**MON
1
APR**

Service Closed

**MON
8
APR**

DISNEY DAY

Embrace the magic with Disney Day! Engage in activities which may include crafting delightful Disney Masks, testing your knowledge with Disney Trivia, savoring the magic with Mickey Mouse Cupcakes, embarking on an Enchanted Sensory Safari, and having fun with Disney Bingo.



BASE FEE \$71.50
DAILY TOTAL \$71.50
FROM AS LOW AS* \$7.15

**TUE
2
APR**

WHEELS DAY

Gear up for an action-packed wheels adventure! Experience the thrill with activities which may include creating your own dream ride with DIY Car Creation, making a splash at Wheel Wash, or competing against your friends in the Wheels Time Trial. Get ready to race into excitement!



BASE FEE \$71.50
DAILY TOTAL \$71.50
FROM AS LOW AS* \$7.15

**TUE
9
APR**

**MYSTICAL MAGIC
EXCURSION: CLIMBING AND
PLAYGROUND WORLD (3 HR
PACKAGE)**

ARRIVE BY 08:30AM

Embark on a thrilling adventure at Climbing and Playground World! Enjoy 3 hours of fun-packed activities for an unforgettable experience.



BASE FEE \$71.50
EXPERIENCE FEE \$48.00
DAILY TOTAL \$119.50
FROM AS LOW AS* \$11.95

**WED
3
APR**

FOOD, GLORIOUS FOOD

Delight in a range of tasty activities which may include competing in the Potato Olympics, creating masterpieces with Edible Art, nurturing nature with Garden Planting, and facing the hilarious challenge of Eat It or Wear It. Join us in a feast of fun!



BASE FEE \$71.50
DAILY TOTAL \$71.50
FROM AS LOW AS* \$7.15

**WED
10
APR**

STICK, PASTE, CREATE

Unleash your inner Picasso with a day filled with creativity and fun! Get ready to stick, paste and create with activities which may include crafting crazy kites, colourful caterpillars, and puzzle piece frames. Let your imagination run wild as you bring your artistic visions to life.



BASE FEE \$71.50
DAILY TOTAL \$71.50
FROM AS LOW AS* \$7.15

**THU
4
APR**

**SPORTS DAY
INCURSION: SOFT TIP
ARCHERY**

Take aim with Soft Tip Archery! Learn archery techniques and test your accuracy with soft-tipped arrows in a safe and controlled environment.



BASE FEE \$71.50
EXPERIENCE FEE \$22.00
DAILY TOTAL \$93.50
FROM AS LOW AS* \$9.35

**THU
11
APR**

**THE CHALLENGE IS SET!
INCURSION: KUNG POW
WARRIORS**

Channel your inner warrior with Kung Pow Warriors! Learn martial arts techniques and discipline in a dynamic and energetic class.



BASE FEE \$71.50
EXPERIENCE FEE \$18.00
DAILY TOTAL \$89.50
FROM AS LOW AS* \$8.95

**FRI
5
APR**

**LIGHTS, CAMERA, ACTION
EXCURSION: HOYTS
NORTHLANDS**

ARRIVE BY 08:30AM

Embark on a cinematic adventure at Hoyts Cinema! Get ready for popcorn, comfy seats, and exciting movies that will make you laugh, gasp, and cheer!



BASE FEE \$71.50
EXPERIENCE FEE \$45.00
DAILY TOTAL \$116.50
FROM AS LOW AS* \$11.65

**FRI
12
APR**

SLUMBER PARTY

Drift into a dreamy Slumber Party adventure! Activities may include diving into bubbly fun with Fizzy Bliss Creations, an Indoor Campout, crafting your own Sweet Dreams Eye Masks, and even creating DIY Popcorn holders for movie time. Sweet dreams await!



BASE FEE \$71.50
DAILY TOTAL \$71.50
FROM AS LOW AS* \$7.15

*Childcare subsidy (CCS) may apply. Please refer to Services Australia Childcare Subsidy for eligibility and entitlement.

Please note that programs and surcharges may be subject to change. Visit our website for the most up-to-date information.



Scan for further information and to secure a spot in one of our holiday programs today!



Kelly Sports Easter Holiday Program



The poster features a vibrant yellow and green background with a dotted pattern. At the top left is a soccer ball with colorful splashes. To its right is the Kelly Sports logo, which includes a stylized white figure running inside a square, followed by the text 'KELLY SPORTS' in green. On the top right is a red basketball with a splatter effect. The central text is arranged in a layered, angled format: 'Kids' in large white letters on an orange background, 'Easter Holiday Sports Program' in white on a brown background, and '2nd - 4th & 9th - 11th April' in white on a green background. Below this is a collage of three photos showing children in blue uniforms participating in various sports activities. At the bottom, there is a green section with white text providing details about the program, venue, and contact information. On the left of this section are icons for a football, soccer ball, basketball, and tennis ball. On the right are icons for two cricket bats and a red cricket ball.

Kids

Easter Holiday Sports Program

2nd - 4th & 9th - 11th April



Get your kids off the couch and out of the house at our Easter Holiday Sports program. They'll enjoy footy, soccer, basketball, hockey, cricket, obstacle courses and tons of fun games each day

Venue : Mercy College, 760 Sydney Rd, Coburg, Enter through Gate 2

For more information & daily schedule visit www.kellysports.com.au/inner-northern

Contact Shane Oliver
0432 522 829
shane@kellysports.com.au



Website: www.kellysports.com.au/inner-northern
 Contact: Shane Oliver
 Email: shane@kellysports.com.au
 Phone: 0432 522 829
 Facebook: Kelly Sports Inner Northern
 Address: 760 Sydney Rd, Coburg - Enter through Gate 2

EASTER 2024 HOLIDAY PROGRAMME

MERCY COLLEGE, COBURG

Who can attend:
Kids aged 4-12 years old.

General information:
We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

What do you need to bring: Appropriate clothing, jacket or sweatshirt, hat, drink bottle and food for morning tea, lunch and afternoon tea.

Food:
Please bring plenty of packed food and drink for morning tea/lunch/afternoon tea. Lunch will be from approximately 12.30pm to 1.30pm each day.

Programme activities:
Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Programme activities may vary without notice dependent on weather conditions and programme numbers.

Payment details:
Payment is required up-front within 2 hours of your booking. A receipt will be issued when a completed booking is received. All details will be included on the receipt.

Please note:
Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the programme.

WEEK 1	
Mon 1st April	PROGRAMME NOT ON TODAY
Tues 2nd April	DYNAMIC DODGEBALL Dodge, duck, dip, dive and... DODGE! Our annual Dodgeball Tournament is back. Our friendly competition will help improve your throwing and catching skills!
Wed 3rd April	NINJA WARRIOR DAY It's time for your kids to bring out their inner Ninja for our first Ninja Warrior day. The kids will have a great time completing our Ninja course in individual and team challenges.
Thurs 4th April	FOOTY FEVER DAY Show off your team colours at our Kelly Sports Footy Day! You'll be sure to get a kick out of our games, activities and challenges. Wear your favourite AFL colours!
Fri 5th April	PROGRAMME NOT ON TODAY
WEEK 2	
Mon 8th April	PROGRAMME NOT ON TODAY
Tues 9th April	BASKETBALL BLITZ Do you love basketball? Dribble, zig zag, shoot and slam dunk your way into our Basketball themed day.
Wed 10th April	SUPER STAR SOCCER Do you love to play soccer? Do you love scoring goals? You'll get a kick out of today's session! Dribble, weave and pass your way through our program today.
Thurs 11th April	DYNAMIC DODGEBALL Dodge, duck, dip, dive and... DODGE! Our annual Dodgeball Tournament is back. Our friendly competition will help improve your throwing and catching skills!
Fri 12th April	PROGRAMME NOT ON TODAY

FULL DAY: \$55
Mon - Fri, 8:00am - 5:30pm

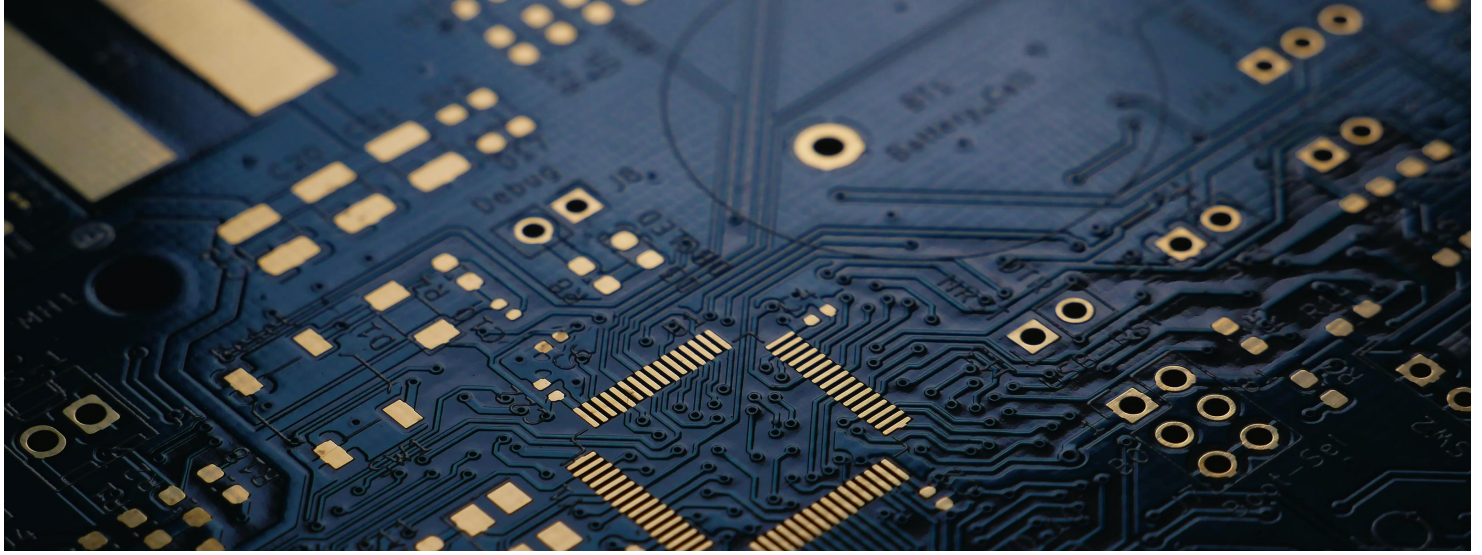
EARLY BIRD PRICE \$50
If booked and paid by Friday 8th March.
\$55 per day if paid and booked after that date

HAT, LUNCH, SNACKS AND WATER BOTTLE REQUIRED!



BOOK ONLINE NOW AT

[KELLYSPORTS.COM.AU](http://www.kellysports.com.au)



Code Camp for Term 2



**Bringing fun after-school
classes to your school**



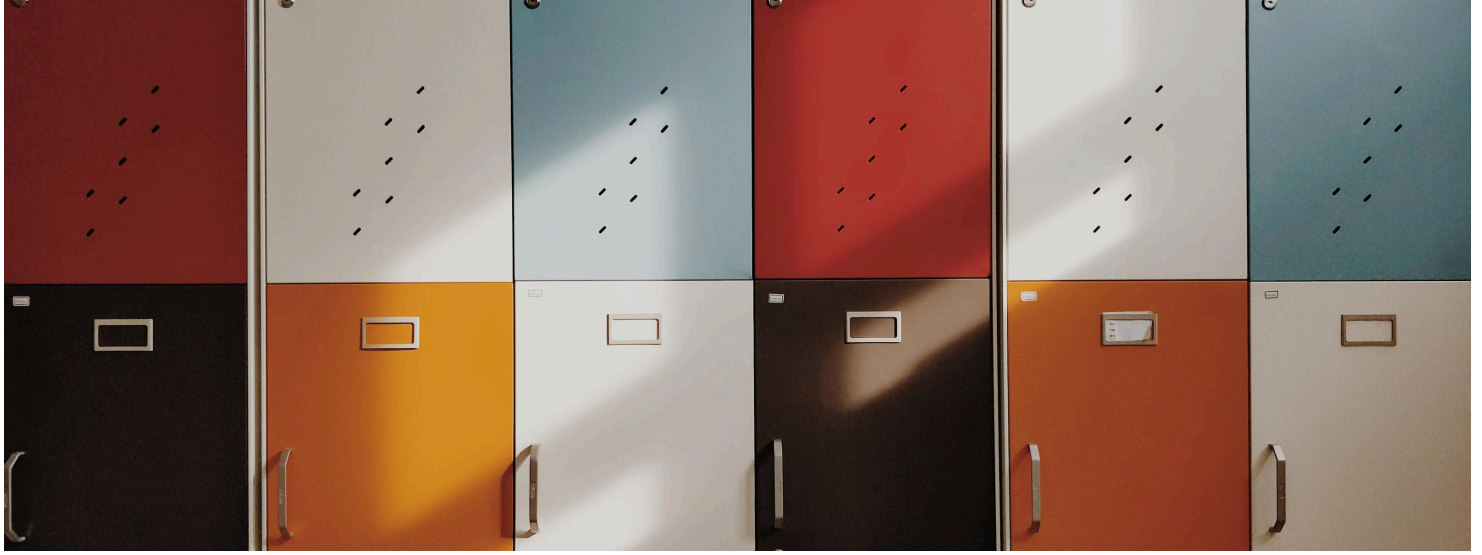
**Little Coders . Coding . Curious Minds . Robotics
Animation . Design . Minecraft Engineers**

See what's on at your school and book at

www.codecamp.com.au/northco

Get in touch at hello@codecamp.com.au or 1300 263 322

Rated 4.9 on **PRODUCT REVIEW** with over 1000 ★★★★★ reviews



School Council

NPS 2024
EVENTS & FUNDRAISING

TERM 1

MON 4 FEB WELCOME PICNIC

ICY POLE FRIDAYS - PREP PARENTS FUNDRAISING FOR IT EQUIPMENT

SAT 16 MARCH NPS FETE & 150TH EXHIBITION - FUNDRAISING FOR SCHOOL LANDSCAPE PROJECT

TERM 2

FRI 3 MAY NPS 150TH ANNIVERSARY CELEBRATION

TERM 3

DATE TBC: PARENTS BATTLE OF THE BANDS - FUNDRAISING FOR MUSICAL INSTRUMENTS

THUR 12 SEPT PARENT TRIVIA NIGHT @ WELCOME TO THORNBURY - FUNDRAISING FOR IT EQUIPMENT

TERM 4

TEA TOWELS GR 1/2 PARENTS MANGOES GR 3/4 PARENTS FUNDRAISING FOR MUSICAL INSTRUMENTS

ICY POLE FRIDAYS - PREP PARENTS FUNDRAISING FOR IT EQUIPMENT

MON 2 DEC END OF YEAR PICNIC - GR 5/6 PARENTS



Santa Maria Open Day 2024



**SANTA MARIA
COLLEGE**

A CATHOLIC SCHOOL FOR GIRLS

**OPEN DAY
2024**

**Thursday 7 March
2pm - 6.30pm**

**VISIT US IN NORTHCOTE
AND EXPERIENCE THE
*Santa Spirit***

Join us for an exciting afternoon showcasing everything Santa Maria College offers. Visitors will enjoy **presentations** from our Principal and expert staff, take **personalised student-led tours**, see our **classrooms in action** and learn about the unique Santa programs:

- Our IB - MYP program
- Duke of Edinburgh Award Program
- A holistic wellbeing model
- An inclusive community where *all are welcome*

**REGISTER VIA QR CODE
OR COLLEGE WEBSITE**



**GIRLS.
FUTURE.
*Ready!***

Northcote High School Tours



BOOKINGS FOR SCHOOL TOURS ARE OPEN

We warmly invite prospective Grade 6 students, families and carers to a tour of Northcote High School

Tours run for approximately an hour from 9.15am and are taken by our student leaders.

Come and see what is on offer for your child at Northcote High School

[Click here for more information and to book](#)



**NORTHCOTE
HIGH SCHOOL**



Open Morning

Wednesday 24th April

9.00am - 1.00pm

Come and see our school in action!

9am Principals Presentation	11am Principals Presentation
9.30am -10.30am Student led tours available	11.30am -12.30pm Student led tours available
10.30am Curriculum information Session	12.30pm Curriculum information Session
5pm-6pm Online: Principals Presentation and Curriculum information session	

Bookings required

[Click here to reserve your spot](#)



First Nations focused tours of Northcote High School

First Nations families in the Darebin area are invited to visit and view Northcote High School in action. Our school tours will be led by First Nations students, allies, and members of the staff Leadership Team. You'll see the learning that takes place every day in (and beyond) our classrooms and hear about the extraordinary range of programs and opportunities we offer.

Recent initiatives to make Northcote High School a more inclusive environment for First Nations students have been the introduction of a Reconciliation Action Plan, prioritising First Nations businesses in school resources procurement, advertising school staffing vacancies in First Nations publications and a library audit of First Nations resources to reflect truth telling and the amplification of First Nations voices.

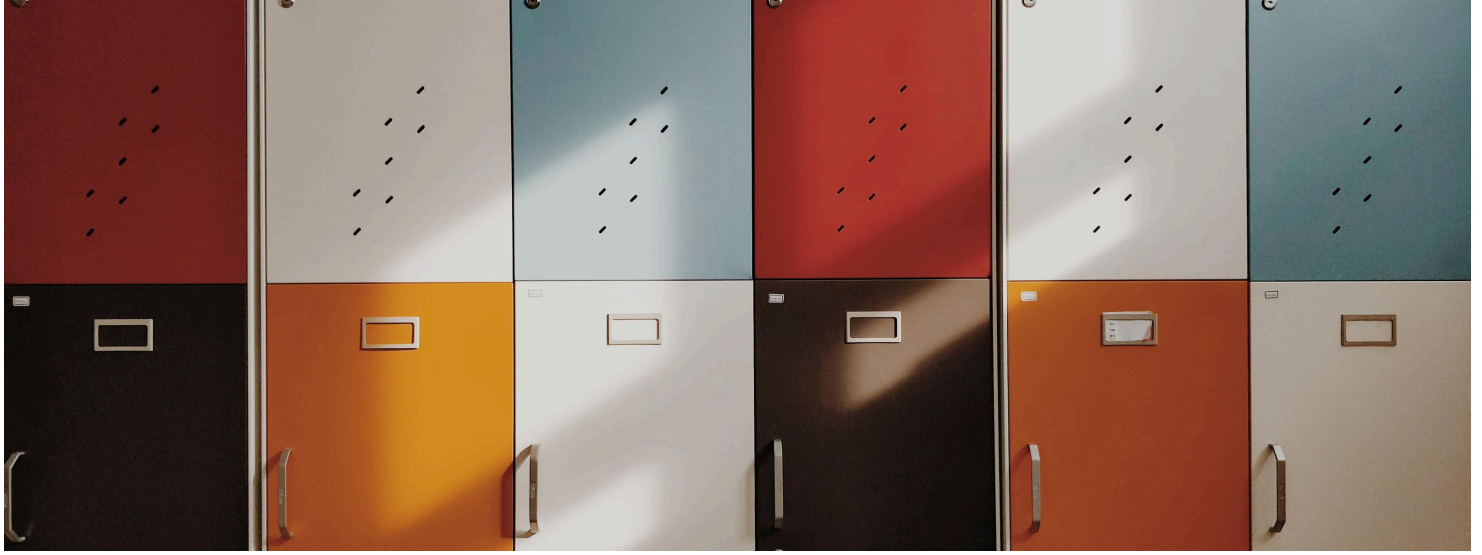
The school has a vibrant community of well supported First Nations students and we would love for you to join us!

Tour dates:

- Thursday 14th March, 9.15am
- Monday 25th March, 9.15am

Tours are held at Northcote High School, 19-25 St Georges Rd, Northcote.

To register your attendance or if you have any questions, please email enrolment@nhs.vic.edu.au



Thornbury High School Open Night

OPEN NIGHT

THORNBURY HIGH SCHOOL
THURSDAY 21 MARCH

Outstanding VCE results
Innovative, engaging curriculum
Renowned music program
Wide-ranging sporting opportunities

BOOK HERE

FIND US ON SOCIAL MEDIA
f @ THORNBURYHIGH

THORNBURY
HIGH SCHOOL

**ACHIEVING
CONNECTING
ENGAGING**

**\$14.9M STEAM CENTRE
NOW OPEN**



Fitzroy High School Open Day



**FITZROY
HIGH SCHOOL**

OPEN DAY | April 17



**Experience
our innovative
and dynamic
learning
environment**

9.15 - 10.45am

TOUR 1

**Fitzroy High School
7-10 and the Wurun
Senior Campus**

12 - 1.30pm

TOUR 2

**Fitzroy High School
7-10 and the Wurun
Senior Campus**

6.30 - 7.30pm

**Information evening at
Fitzroy High School
7-10 Campus
+ short twilight tour**

Experience our innovative and dynamic learning environment in action at our year 7-10 **Fitzroy High School** campus and then walk with us through Edinburgh Gardens to the **Wurun Senior campus** for a tour and Q & A.

trybooking.com/events/landing/1190154



Community Sports Programs



JOIN UP AND PLAY FOOTY WITH THE COUGARS!



REGISTER HERE!



U'8S – U12S FEES 2024 \$305.00

U11S AND ABOVE FEES 2024 \$350.00



AUSTRALIA'S #1 NON-COMPETITIVE SOCCER PROGRAM



TERM 2, 2024 SOCCER FUN FOR GIRLS & BOYS AGED 2-12!

STARTING FROM 24TH APRIL



**FIRST 30 NEW
ENROLMENTS RECEIVE
COMPLIMENTARY SHIRT AND SHORTS!**

FOR A **FREE** TRIAL P: 0422 738 494

MITE-E SOCCER (2-3YO)

A great introduction to Soccer! Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment!

**35 MINUTE CLASSES
\$155 FOR 8 WEEKS**



PINT SIZE SOCCER (4-5YO)

Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to Pint Size 1v1 Big Game!

**50 MINUTE CLASSES
\$160 FOR 8 WEEKS**



INTRO TO MICRO (5-6YO) MICRO (6-8YO)

The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more!

**INTRO - 60 MINS \$165 FOR 8 WEEKS
MICRO - 60 MINS \$165 FOR 8 WEEKS**



MICRO PLUS (8-12YO)

This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!

**60 MINUTE CLASSES
\$165 FOR 8 WEEKS**



M: 0422 738 494 | E: melbournecentral@grasshoppersoccer.com.au

GRASSHOPPERSOCCER.COM.AU/MELBOURNECENTRAL

/GRASSHOPPERSOCCERMELBOURNECENTRAL



TERM 2, 2024 ENROLMENT FORM - STARTING FROM THE 24TH APRIL

Child's Name: _____ DOB: _____
 Parent/Guardians Name: _____
 Address: _____ Suburb: _____ P/Code: _____
 Phone: _____ Mobile: _____
 Email: _____
 How did you hear about us: _____

TERM 2 CENTRES: (Please Tick)

- | | |
|--|--|
| <input type="checkbox"/> FLEMINGTON - (WEDNESDAY)
St Brendan's Primary School (103 Wellington Street, Flemington 3031)
8 week program starting on the 24th April
<input type="checkbox"/> NORTHCOTE - (THURSDAY)
Merri Park (1 Summer Ave, Northcote 3070)
8 week program starting on the 25th April
<input type="checkbox"/> ESSENDON WEST - (FRIDAY)
Buckley Park College (59 Cooper Street, Essendon 3040)
8 week program starting on the 26th April | <input type="checkbox"/> NORTHCOTE - (SATURDAY)
Merri Park
(1 Summer Ave, Northcote 3070)
8 week program starting on the 27th April
<input type="checkbox"/> ESSENDON - (SUNDAY)
Essendon Primary School
(40 Raleigh Street, Essendon 3040)
8 week program starting on the 28th April |
|--|--|

PROGRAMS: (Please Tick)

	<input type="checkbox"/> MITE-E (2-3 YO)	<input type="checkbox"/> PINT SIZE (4-5 YO)	<input type="checkbox"/> INTRO TO MICRO (5-6 YO)	<input type="checkbox"/> MICRO (6-8 YO)	<input type="checkbox"/> MICRO PLUS (8-12 YO)
CLASS TIMES	MITE-E	PINT SIZE	INTRO TO MICRO	MICRO	MICRO PLUS
FLEMINGTON - WED	N/A	N/A	4.30 - 5.30pm	4.30 - 5.30pm	4.30 - 5.30pm
NORTHCOTE - THURS	N/A	N/A	4.30 - 5.30pm	4.30 - 5.30pm	4.30 - 5.30pm
ESSENDON WEST - FRI	N/A	N/A	4.30 - 5.30pm	4.30 - 5.30pm	4.30 - 5.30pm
NORTHCOTE - SAT	9am - 9:30am	9am - 9:50am	10am - 11am	10am - 11am	10am - 11am
ESSENDON - SUN	9am - 9:30am	9am - 9:50am	10am - 11am	10am - 11am	10am - 11am
TERM FEE	\$155	\$160	\$165	\$165	\$165

PAYMENT OPTIONS: CASH, BANK TRANSFER OR CREDIT CARD | (Grasshopper Soccer has a **NO REFUND** Policy)
 Please Note: Payments with cc will incur a 1.7% processing fee

Name: GHSMelbCentral BSB: 063 097 Acc: 49868886 Reference: Childs name

Credit Card Payment (please circle) Visa Master Card

Credit Cards processed as Grasshopper Soccer

Credit Card Number: _____ Expiry: ____ / ____ CW: _____

ADD: Grasshopper Soccer Shirt, Shorts & Hat - Enrolment Special \$65 (Size - Please Circle) **XXS XS S M L**

Parent/Guardian Consent: I hereby authorize Grasshopper Soccer to act on my behalf should my child require medical attention, and release Grasshopper Soccer from any liability for injury incurred by my child at Grasshopper Soccer programs. Photos/Videos of children attending these programs may be used for reasonable promotional purposes by Grasshopper Soccer.

Please Tick: Yes No

Parent/Guardian Signature: _____



ENROLMENT SPECIAL \$ _____

TERM FEE \$ _____

TOTAL \$ _____

Meet the Makers Picnic

We are thrilled to announce the return of FUSE Darebin with an exciting one-day event Meet the Makers Picnic, scheduled for Saturday March 23rd, at the stunning Bundoora Homestead Art Centre.

<https://www.fusedarebin.com.au/>

Join us as we immerse ourselves in a vibrant celebration showcasing local talent, live music performances, DJ sets, and an array of activities suitable for all ages.

At the heart of the event is the Makers Showcase, where local producers compete across various categories of homemade wine, beer, preserves and bread. Judged by esteemed local businesses such as Jamsheed Wines, La Sirène Brewing, Constante Imports, and Akimbo Bread, this friendly competition highlights the finest offerings from Darebin's makers.

This long running and much-loved community event provides a unique opportunity to stroll through the showcase while sampling homegrown beverages and produce. Hear first-hand stories from the makers themselves and learn about their inspirations, techniques, and stories.

Festivalgoers will have an opportunity to participate in the Aboriginal cultural experience with Aunty Brenda Fahey, which features hands-on activities like gum nut painting, dot painting on faces and rocks, storytelling, crafting with emu feathers and macramé.

Attendees are invited to savour a curated selection of food and beverages available on-site or bring their own picnic baskets to enjoy amidst the picturesque setting of the Bundoora Homestead Art Centre.

Price: Free. Registration encouraged.

Location: Bundoora Homestead Art Centre, 7 Prospect Drive Bundoora

Date: Saturday 23rd March 2024


Time: 12pm - 5:30pm





Easter Fun



Kat and Ged's EASTER EGG HUNT

 23RD MARCH
2024

 10.30AM  All Nations Park Playground

Join local MPs Kat Theophanous and Ged Kearney for a morning of family fun, friendly chats and chocolate!

The event will also be raising money for the Royal Children's Hospital Good Friday Appeal, through a gold coin donation.

Get tickets here:

 kattheophanous.com.au/easter2024



GED
Together for better

Kat
THEOPHANOUS
Gets things done.



Our Proud Sponsors

Introducing our dedicated Estate Agent & Auctioneer

Matthew McIntosh

LICENSED ESTATE AGENT & AUCTIONEER

0457 193 014

matthewmcintosh@jellisicraig.com.au

About Matthew

With an impressive record of outstanding sales results, Matthew McIntosh has established himself as a leading Sales Agent and Auctioneer in Fairfield, Northcote and Melbourne's inner north suburbs more broadly. Always genuine in his approach, he quickly builds rapport with both clients and buyers. He communicates with transparency, sharing all updates with vendors, from the initial preparation of their property to the final signing of the contracts.

"I'm client focused at every step. I don't leave any stone unturned in my pursuit of the best possible result on every campaign," he says.

Matthew compels buyers to remain engaged throughout the marketing campaign, maximising interest and competition as the sale approaches. An accomplished auctioneer, he uses charisma and energy to generate a spirited atmosphere at every auction.

"I try to keep the energy up and the atmosphere positive on auction day," Matthew says. "Emotions can run high, so it's important buyers don't feel intimidated by the process. We want them to feel confident as they put their best offer forward."

Thorough market research is a pivotal element of Matthew's success. In a fast-paced selling environment, he stays on top of buyer sentiment and broader economic factors to accurately price properties and provide clients with informed advice.



What are Matt's clients saying?

Verified reviews provided by



“ Matt was a fantastic bloke to deal with all around. From the moment we stepped in for an inspection to getting the keys to our new home, we couldn't have asked for a more genuine and considerate person as an REA. He kept us updated on the proceedings, was easy to deal with, connected well with our people (e.g. conveyancer/bank) and even had some minor touch-ups to our new place sorted out of his own goodwill. Will highly recommend him to other potential new buyers.
★★★★★
Ahn G 7 days ago

“ Matt's commitment to our campaign was extraordinary. His professionalism and easy communication style created a trusting partnership. He had a clear vision on what strategy he felt best to achieve a great outcome. We challenged him a few times, but he was able to justify his rationale, explaining clearly and leaving us feeling confident. I highly recommend Matthew McIntosh to any prospective vendors.
★★★★★
Alex A 2 months ago

“ Great and responsive communicator, excellent market knowledge. We felt reassured and in good hands from first contact with Matthew, all the way through to the excellent final result.
Thanks!
★★★★★
Matthew D 3 months ago

“ Matt has been helpful and professional. As a first home buyer, my knowledge with buying a property is very limited. Matt helped me through the whole process. He is a very trustworthy real estate agent. Highly recommended.
★★★★★
Lizzie M 3 months ago

“ We had the pleasure of recently working with Matt, and he truly exceeded our expectations. From the beginning to the end, he was always so polite, friendly, and readily available to provide advice whenever needed. cannot emphasize enough how highly we recommend Matt. If you are in search of an exceptional estate agent with whom you will genuinely enjoy working, someone who will wholeheartedly dedicate themselves to achieving the results you've always envisioned, then look no further than Matt.
★★★★★
Stuart K 3 months ago

“ I can't recommend Matt highly enough. He worked extremely hard to sell our property, really went above and beyond to achieve an outcome we are very happy with. Throughout the process he was responsive and happy to answer our questions, and helped us to have the confidence that we were in safe hands. He's also a genuinely lovely person and was all round great to deal with. Thank you Matt!
★★★★★
Nareeda L 3 months ago

Northcote Primary School is proudly sponsored by Jellis Craig Inner North.

Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner

North Agent to sell or lease their home throughout 2023. Please Mention you are part of our NPS village to ensure our school receives these generous donations.

Jellis Craig

The



. . . . have done it again!

Let's show the FMM team our community appreciation for their ongoing annual commitment to NPS & surrounding schools throughout the 2023 Spring / 2024 Summer Fetes season. 😊

Book them in for all your big moving truck needs via <https://friendlymovingmen.com.au/melbourne>

**Jellis
Craig**

Northcote Primary School is proudly sponsored throughout 2023 by Jellis Craig Inner North

Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home throughout 2023. Please mention you are part of our NPS village to ensure our school receives these generous donations.



CSEF- are you eligible?



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

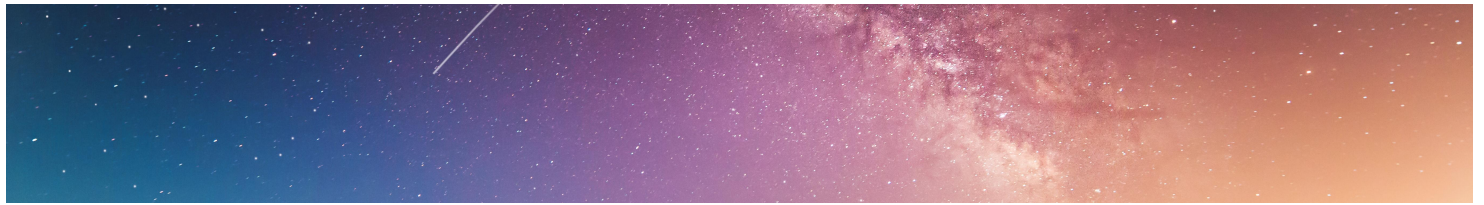
If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.





Pupil of the week Term 1

2024

To be celebrated at assembly on the 25th March.

Week 8

Prep A	Ayden Y & Ormond G
Prep B	Tex M & Finn O
Grade 1/2A	Marek H
Grade 1/2B Brigitte	Kara G & Clemmie C
Grade 1/2C Izzy	Mabel R & Harvey J
Grade 1/2D Sam	Aiden E
Grade 3/4A Matt	Rachael U
Grade 3/4B Luke	Alvy L
Grade 3/4C Eleanor	Alex P & Zosia S
Grade 3/4D Stephanie	Cillian W
Grade 5/6A Declan	Atticus R & Jack H
Grade 5/6B Emma	Grace
Grade 5/6 C Angus	Leni G & Leo M
Grade 5/6 D Steve	Aidan S & Mia V

Kelly Sports and Dance Program



KELLY SPORTS

**KELLY SPORTS
SPORT & DANCE**

TERM 1 2024

FOR THE LOVE OF SPORTS
25
YEARS

BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU

The flyer features two main images. The top image shows children in blue Kelly Sports uniforms playing soccer on a green field, with various sports balls (soccer, basketball, volleyball) floating in the air. The bottom image shows a group of children in a dance studio, some in colorful casual wear and others in blue uniforms, posing for a photo. The background is a dark blue gradient with large, overlapping circles in shades of teal and brown.

IT'S TIME TO GET THE KIDS ACTIVE

Start the school year right by enrolling in this fantastic Kelly Sports program. Join up with your friends and develop your skills in a fun, safe & inclusive sporting environment.

SIZZLING SUMMER SPORTS

Our experienced coaches aim to develop and enhance the wide range of sporting skills of your child including kicking, catching & throwing while also improving strength, flexibility, hand-eye coordination, spatial awareness, co-operative skills and teamwork.

For Term 1 we are focusing on Soccer, Basketball & Cricket

WHEN: Monday's

DATES: 5th Feb - 25th March (no class on Labour Day 11th March)

TIME: 3.30pm - 4.40pm

YEAR LEVELS: Prep's - 4's

COST: \$112 (7 weeks)

HIP HOP HEROES

Learn exciting new dance moves and put it all together into a dance routine to be performed at the end of term. Book early for this incredibly fun program! Our experienced dance coach will develop and enhance a wide range of skills and dance moves of your child including flexibility, hand-eye co-ordination, spatial awareness, co-operative skills and teamwork.

WHEN: Wednesday's

DATES: 7th Feb - 27th March

TIME: 1.30pm - 2.30pm

YEAR LEVELS: Prep's - 4's

COST: \$128 (8 weeks)

FOR MORE INFORMATION VISIT WWW.KELLYSPORTS.COM.AU/INNER-NORTHERN

Website: kellysports.com.au/inner-northern

Contact: Shane Oliver

Email: shane@kellysports.com.au

Phone: 0432 522 829

Facebook: #KellySportsInnerNorthern






OSH Club

OSH Club Information

<https://www.oshclub.com.au/vic/northcote-primary-school/>

 northcote-primary-OSHC.pdf


Welcome to OSHClub 



Let's go!

OSHClub pride ourselves on providing your children with fun, play-based learning experiences before and after school as well as during the school holidays. Whether your child attends OSHC daily or only occasionally, each visit is an exciting and engaging adventure!



Compelling programs

We'll empower your child to explore, navigate, experiment and engage in a diverse range of experiences.

Educators who care

Our educators will embrace your child's journey; caring deeply, thinking creatively and inspiring them to thrive.

Future ready

We focus on building knowledge, skills and behaviours that help prepare your child for whatever the future may hold.

Unified partnership

As an integral part of the school community, together we'll create a fun and engaging environment for your child to flourish.

Fabulous food

We fuel curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

Peace of mind

You can be confident that your child is safe, happy and given every opportunity to fulfill their potential.



Classroom Cuisine 2024



Servicing Northcote PS on a **MONDAY, WEDNESDAY, THURSDAY & FRIDAY**
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED
INGREDIENTS, ALLERGEN INFO ETC ARE ON 'OUR MENU' PAGE OF WEBSITE

LUNCH ITEM ONE

SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Pic(k)nic Box with a Whole Egg (GF)
- Steamed Veg: Corn wheels, Broccoli & Carrot
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)
- Main course of Fresh Fruit Salad (V,GF)

SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)
- Tofu Hand Rolls (2)

BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll
- GOZLEME - Lamb & Beef (H)
- GOZLEME – Mushroom & Spinach (NO CHEESE) (Vegan)
- GOZLEME - Spinach and Cheese (V, H)

BAKED FRESH PIZZAS

(PLEASE NOTE: Baked this morning -Served at room temp)

- Margherita Pita Pizza
- Ham and Pineapple Pizza Slice

SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain ROLL with Cheese and Tomato
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken MAYO and Lettuce Roll (H)
- Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

- Freshly chopped Strawberries with Grapes
 - Fresh Fruit Combo
 - Celery & Carrot Sticks with Sultanas
 - Chopped Carrot, Cucumber, Red & Yellow Capsicum
 - Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
 - Sugar Snap Peas, Beans & Cherry Tomatoes
 - Cantaloupe & Honeydew pieces
 - Freshly chopped Watermelon Pieces
 - Edamame (Lightly Salted)
 - Cherry Tomatoes with Tasty Cheese & Rice Crackers
 - Freshly chopped Orange Segments
 - Whole Fruit – Banana
- ### YOGHURT/BOWLS
- Dairy Farmers - Strawberry Yoghurt
 - Dairy Farmers – Classic Vanilla Yoghurt
 - Chia Bowl with Banana, Coconut & Strawberries
 - Stewed Rhubarb & Apple with Custard (V)

BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin
- Hot X Bun
- Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers
- Spicy Capsicum Dip with Rice Crackers

POPCORN/SNACKS

- Dried Fruit Medley with Yoghurt Sultanas
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Roasted Chick Peas.
- Lime & Black Pepper Chick Peas
- Balsamic & Sea Salt Fav'va Beans

DRINKS

- Nippy's Chocolate Milk
- Full Cream Milk
- Apple Juice
- Orange Juice
- Strawberry (Lactose Free) Milk
- So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including

Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au



Sun smart- Please pack your hats!

Northcote Primary School reversible bucket hats are now available to purchase online from noone.com.au



Choose NPS, click 'shop online' – Choose your child's size and house colour.

You have the option to elect to have hats delivered to our NPS office for pick up.

Cost: \$17.50

S – 55cm

M – 57cm

L – 59cm

XL – 61cm

Trading hours:

Monday to Friday 9.00am – 5.00pm

Saturday 9.00am - 1.00pm

Sunday and Public Holiday CLOSED

Email: ivanhoe@noone.com.au

**Address: 283 Lower Heidelberg Rd,
Ivanhoe East, Vic 3079**

SunSmart

Don't forget to pack your hat!

This is a reminder to all families that all students are expected to wear a sun hat during any outdoor activities at school. A wide brimmed hat or a legionnaires hat are the only type to be worn. Beanies and caps are not sun smart and should not be worn.

Please remember to apply your sunscreen at the start of each day and wear your hat!

No hat means restricted play in the shade.

We have NPS hats available to purchase **online** or **in store** from **Noone Ivanhoe, 283 Lower Heidelberg Rd, Ivanhoe East VIC 3079.**

AVAILABLE INSTORE - Reversible Bucket Hats, UPF Protection 50+ (Sunsmart approved & made from sustainable materials)

House Colours - \$17.50 each Navy/GreenNavy/RedNavy/RoyalNavy/Gold

Phone: (03) 9499 1439

<https://www.noone.com.au/school/northcote-primary-school/stores>

For more information, please refer to our Sun Protection policy located on our [website](#)

UV Index

Tap or click the button below to check the daily UV index, or download the SunSmart app [here](#)



We are SunSmart - a note for families

Too much of the sun's ultraviolet (UV) radiation can cause sunburn, skin and eye damage and skin cancer.

UV damage accumulated during childhood and adolescence is associated with an increased risk of skin cancer later in life. Skin cancer is the most common cancer in Australia. It is also one of the most preventable cancers.

You can't see or feel the sun's UV. Whatever the weather, if the UV levels are three or more, it's important to *Slip, Slop, Slap, Seek and Slide!*

Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be.

Daily local sun protection times and weather details are available from the SunSmart widget on our school website, in the weather section of the newspaper, on the SunSmart website at sunsmart.com.au and as a free SunSmart app. Sun protection times can also be found at the Bureau of Meteorology website and live UV levels are available from ARPANSA.



SunSmart membership

Our school is a registered member of Cancer Council Victoria's SunSmart Schools Program. We aim to protect children and staff from too much UV.

Sun protection and skin cancer prevention is a shared responsibility. Please help support our SunSmart membership and sun protection efforts by ensuring your child follows the SunSmart measures included in our policy at school and at home.

During the daily local sun protection times (usually from mid-August to the end of April), **use these 5 SunSmart steps – even if it's cool and cloudy.**

1. **SLIP** on covering clothing

For free dress days, ensure your child wears clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best.



2. **SLOP** on SPF30 (or higher) broad-spectrum, water-resistant sunscreen

Apply a generous amount of sunscreen at the start of the day and make sure children have sunscreen in their bag ready to reapply throughout the day. Sunscreen should be reapplied every two hours. Please ensure children get plenty of sunscreen application practice at home so they'll be all set when they are at school. Under supervision, ask children to put a dot of sunscreen on each cheek, nose and chin and rub it in (avoiding the eye area) and sunscreen squiggles or dots on the back of the neck, arms and legs to cover these areas.

3. **SLAP** on a hat that protects the face, neck and ears

Choose a wide-brimmed, legionnaire or bucket hat. Peak caps and visors do not offer enough UV protection so please leave them at home. Please help your child remember to bring and wear their approved **school hat**. Please keep this at school so they will always be ready for outdoor activities, outdoor learning and play during school days. For the walk to and from school and weekends, please have an extra **home hat** to help keep children protected at home.

4. **SEEK** shade

Choose shady spots for learning and play whenever possible.

5. **SLIDE** on wrap-around AS1067 sunglasses

When appropriate and practical, help protect the eyes with sunglasses.

Need information in another language? Call 13 14 50 and ask to be connected to Cancer Council Victoria in your language



THE BUSINESS END OF SCHOOL LIFE

THE FOLLOWING ARE REPEATED INFORMATION ITEMS, WHICH CAN BE REFERRED BACK TO BY OUR SCHOOL COMMUNITY WHEN NECESSARY

Parent Payments

Attached is a copy of the 2024 Parent Payment Arrangement for Curriculum Contributions for student use for the 2024 School Year.



2024 PPA Northcote PS Final Version SW JP School Council Approved 11...

FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

MORE INFORMATION

For more information about CSEF visit:
<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments**; your child has started or changed schools this year.
- **changed family circumstances**; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Compass Pay provides a more consistent approach to parent consent and payments of activities for students and confirm the student's medical requirements through the compass app.

Northcote Primary School has a streamline approach to the collection of payments for Camps, Excursions, Incursions, and the annual Parent Payment Arrangement, and fundraising activities.

This option allows parents/caregivers the opportunity to have all the information on one platform the Compass Parent App.

Cash, EFT and B-pay are available as options, the preferred method of payment is Compass.

Compass creates efficiency for teachers and the office staff where immediately we will be able to see if parents/caregivers have consented and paid for the activity. Parents will receive a push notification from Compass when an activity has been created.

We have attached a copy of the Compass flyer on how to consent and pay for events.

 [CompassPay Parent Guide.pdf](#)

Compass Attendance

This is a gentle reminder to parents/carers, about the importance of logging student absences on Compass prior to the school day commencing. This is a Department of Education requirement.

If your child is absent from school or is going to be absent in the future (for example a planned family holiday), it is important that this absence is logged via Compass.

Attached is a parent guide to using compass.

 [Parent-guide-Compass.pdf](#)

CSEF: Camps, Sports and Excursions Funds

 2024 CSEF-application-form.pdf

Important Information

Our school gates are unlocked at 8.45am each morning to allow students to enter, the yard is not supervised before this time. Students can enter classrooms from 8.45am each day. The gates are again locked at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

Helmets

When riding a bike or scooter to or from school, all students **MUST** wear a helmet at all times.

Bikes and Scooters

Helmets must be worn on the way to and from school. Bikes and scooters must also be **WALKED** (not ridden) once inside the school.

Please note: bike and scooter storage is not completely secure. Unauthorised access via the external fences has occurred in the past. We highly recommend the use of a personal bike/scooter lock to avoid theft. The school takes no responsibility for the loss or damage of equipment stored on site.

Kiss and Go

Just a reminder to families that the Kiss & Go zone is a short-term stopping area where drivers are allowed to stop and park the vehicle for a **short time** – no longer than two minutes – while the student exits or enters the vehicle from the curbside doors. This enables students to walk between the car and the school, using the safety of the footpath.

Ball games before and after school

To ensure everyone feels safe during the busy mornings and afternoons, ball games are not permitted during these times.

Classroom Cuisine 2024

This is the current lunch menu from Classroom Cuisine. Lunch orders are delivered to NPS everyday, with the exception Tuesdays.

For our new families please note that this is an external lunch provider, all lunches are ordered online and orders should be placed by 8.30am.

Please Note: The "Canteen" function on Compass is not to order lunches, it is used primarily for our fundraisers.



SERVICING NORTHCOTE PRIMARY SCHOOL
AVAILABLE ON MONDAY, WEDNESDAY, THURSDAY & FRIDAY
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM ONE

SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Pic(k)nic Box with a Whole Egg
- Falafel with Tabouli Salad (V,G/DF, H)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)
- Tofu Hand Rolls (2)

BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll
- GOZLEME - Lamb & Beef (H)
- GOZLEME - Spinach and Cheese (V, H)

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza

SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain ROLL with Cheese and Tomato
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken MAYO and Lettuce Roll (H)
- Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

- Freshly chopped strawberries with Grapes
- Fresh Fruit Combo
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt
- BAKED GOODS**
- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin
- Fruit Bun
- Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

DRINKS

- Apple Juice
- Orange Juice
- Full Cream Milk
- Nippy's Chocolate Milk
- Strawberry (Lactose Free) Milk
- So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including

Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au

Late Arrivals & Early Departures

If your child is late or you are collecting them early it is **essential** you do so through the front office. **All Students must be signed in and out** via the Compass Kiosk at the front desk.

For late arrivals a paper slip will print out when they are signed in, this slip is to be given to the teacher, so they know the student has signed in at the office.

Please note if you have put a Compass note in for a late arrival or early departure (for example you log on Compass that your child is being picked up at 1.30pm for a medical appointment) you do not need to sign them out via the Compass Kiosk at the office. However, **you still must come into the office to collect the student.**

The Department of Education requires a parent, carer, or listed emergency contact physically collect the child from the office when it is during school hours. This means we are **unable to allow students to leave on their own**, even if it has been logged on Compass. We understand this may be inconvenient at times so please contact or the office on 9481 0009 and they will do their best to assist you.

Also, if you know of an early departure in advance, please inform the office and your child's teacher, so they are able to have the student waiting and ready for you to collect.



2024 First Aid Team

Introducing the NPS 2024 First Aid Team

For our returning families there will be some familiar faces, and for our new families our first aid team is



- Sarah Epaminondas
- Caterina Carnovale
- Donna Cassidy

The first aid office is located in front office.

If your child is needing to be picked up, where possible we will organise their school bag and belongings and you can collect them from the front office 😊

Action Plans

Parents and carers are reminded that if their child has anaphylaxis, allergies, or asthma that their child **MUST HAVE A CURRENT PLAN.**

Red ASCIA Anaphylaxis Plan for use with EpiPen® adrenaline (epinephrine) autoinjectors is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

The form is titled "ascia ACTION PLAN FOR Anaphylaxis" and is for use with EpiPen® adrenaline (epinephrine) autoinjectors. It includes fields for Name, Date of birth, a photo of the child, Confirmed allergens, Family/emergency contact name(s), Mobile Ph, and Plan prepared by doctor or nurse practitioner (np). It also contains a section for the treating doctor or np to authorize the plan, a signature line, and a date. The form provides instructions on how to give EpiPen, signs of mild to moderate allergic reaction, action for mild to moderate allergic reaction, signs of anaphylaxis (severe allergic reaction), action for anaphylaxis, and a note to always give adrenaline autoinjector first, followed by an asthma reliever puffer if applicable. It also includes a note about adrenaline being accidentally injected and a copyright notice for ASCIA 2021.

ascia
www.allergy.org.au

ACTION PLAN FOR Anaphylaxis
For use with EpiPen® adrenaline (epinephrine) autoinjectors

Name: _____
Date of birth: _____

Confirmed allergens: _____

Family/emergency contact name(s):
1. _____
Mobile Ph: _____
2. _____
Mobile Ph: _____
Plan prepared by doctor or nurse practitioner (np): _____

The treating doctor or np hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.

Whilst this plan does not expire, review is recommended by **12/06/11**

Signed: _____
Date: _____

How to give EpiPen®

- Form fit around EpiPen® and PULL OFF BLUE SAFETY RELEASE
- Hold leg still and PLACE ORANGE END against water and thigh (with or without clothing)
- PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds REMOVE EpiPen®

EpiPen® is prescribed as follows:
• EpiPen® Jr (150 mcg) for children 7.5-20kg
• EpiPen® (300 mcg) for children over 20kg and adults

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Hives or welts
- Tringling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy - flick out sting if visible
- For tick allergy seek medical help or freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

- LAY PERSON FLAT - do NOT allow them to stand or walk
- If unconscious or pregnant, place in recovery position
- on left side if pregnant, as shown below
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright

2 GIVE ADRENALINE AUTOINJECTOR
3 Phone ambulance - 000 (AU) or 111 (NZ)
4 Phone family/emergency contact
5 Further adrenaline may be given if no response after 5 minutes
6 Transfer person to hospital for at least 4 hours of observation

IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR
Commence CPR at any time if person is unresponsive and not breathing normally


ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms
Asthma reliever medication prescribed: Y N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2021 This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

 Anaphylaxis EpiPen Plan Template.pdf

Red ASCIA Anaphylaxis Plan for use with Anapen® adrenaline (epinephrine) autoinjectors is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.



www.allergy.org.au

ACTION PLAN FOR Anaphylaxis

For use with Anapen® adrenaline (epinephrine) autoinjectors





Name: _____
Date of birth: _____

Confirmed allergens: _____

Family/emergency contact name(s):
1. _____
Mobile Ph: _____
2. _____
Mobile Ph: _____

Plan prepared by doctor or nurse practitioner (sign):
The treating doctor or nurse practitioner authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.
What this plan does not explain, review is recommended by GDMSE/ATY.
Signed: _____
Date: _____

How to give Anapen®

PLACE NEEDLE END ON OUTER AND HOLD AT HIGH 90° ANGLE
PRESS RED BUTTON FOR 30 SECONDS
REMOVE ANAPEN® WITH OR WITHOUT STINGING

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Tingling mouth
- Hives or welts
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy - flick out sting if visible
- For tick allergy seek medical help or freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact


Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult or noisy breathing
- Difficulty talking or hoarse voice
- Swelling of tongue
- Persistent dizziness or collapse
- Swelling or tightness in throat
- Pale and floppy (young children)
- Wheeze or persistent cough

ACTION FOR ANAPHYLAXIS

- 1 LAY PERSON FLAT - do NOT allow them to stand or walk
- If unconscious or pregnant, place in recovery position
- on left side if pregnant, as shown below
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright



- 2 GIVE ADRENALINE AUTOINJECTOR
- 3 Phone ambulance - 000 (AU) or 111 (NZ)
- 4 Phone family/emergency contact
- 5 Further adrenaline may be given if no response after 5 minutes
- 6 Transfer person to hospital for at least 4 hours of observation

IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR
Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.
Asthma reliever medication prescribed: Y N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASOA 2021 This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

Anaphylaxis Anapen Plan Template.pdf

Blue Asthma Australia School Action Plan is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it. If your child has Ventolin at school, they must have an Asthma Action Plan.

FOR USE WITH PUFFER AND SPACER
ASTHMA ACTION PLAN


VICTORIAN SCHOOLS

Student's name: _____

DOB: _____

Confirmed triggers: _____

PHOTO



Child can self-administer if well enough

Child needs to pre-medicate prior to exercise

Face mask needed with spacer

ALWAYS give adrenaline autoinjector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.
Adrenaline autoinjector prescribed: Y N Type of adrenaline autoinjector: _____

ASTHMA FIRST AID
For Severe or Life-Threatening signs and symptoms, call for emergency assistance immediately on Triple Zero "000"
Mild to moderate symptoms do not always present before severe or life-threatening symptoms

1. Sit the person upright.
Stay with the person and be calm and reassuring
2. Give _____ separate puffs of Airomir, Asmol or Ventolin
Shake the puffer before each puff
Puff 1 puff into the spacer at a time
Take 4 breaths from spacer between each puff
3. Wait 4 minutes
If there is no improvement, repeat step 2
4. If there is still no improvement call emergency assistance
Dial Triple Zero "000"
Say "ambulance" and that someone is having an asthma attack
Keep giving _____ puffs every 4 minutes until emergency assistance arrives
Commence CPR at any time if person is unresponsive and not breathing normally.

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma.


SIGNS AND SYMPTOMS	MILD TO MODERATE	SEVERE	LIFE-THREATENING
<ul style="list-style-type: none"> • Minor difficulty breathing • May have a cough • May have a wheeze • Other signs to look for: 	<ul style="list-style-type: none"> • Cerebral speak a full sentence • Sitting hunched forward • Tugging in of skin over chest/throat • May have a cough or wheeze • Obvious difficulty breathing • Lethargic • Gone lumpy (young children) 	<ul style="list-style-type: none"> • Unable to speak or 1-2 words • Collapsed/exhausted • Gasping for breath • May no longer have a cough or wheeze • Drowsy/confused/unconscious • Skin discoloration (blue lips) 	

Emergency contact name: _____ Plan prepared by Dr or Nurse Practitioner: _____

Work ph: _____ Signed: _____

Home ph: _____ Date prepared: _____

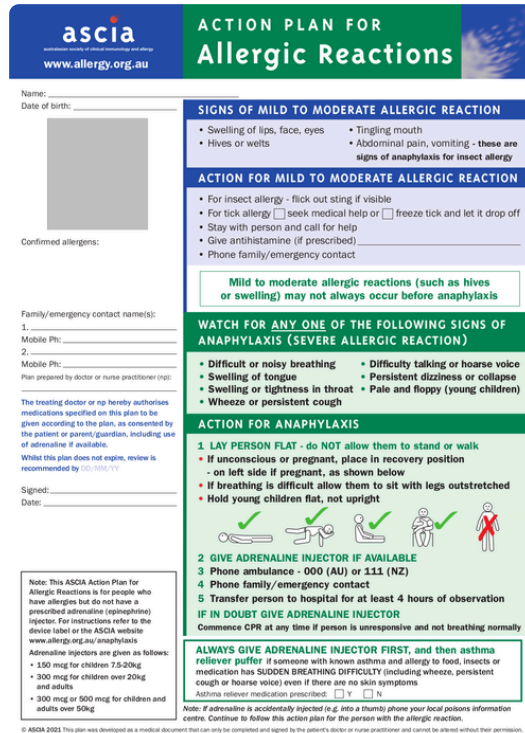
Mobile ph: _____ Date of next review: _____



- Assemble spacer.
- Remove cap from puffer.
- Shake puffer well.
- Attach puffer to end of spacer.
- Place mouthpiece of spacer in mouth and ensure lips seal around it.
- Breathe out gently into the spacer.
- Press down on puffer canister once to fire medication into spacer.
- Breathe in and out normally for 4 breaths (keeping your mouth on the spacer).

1800 ASTHMA (1 800 278 142) | asthma.org.au | © Asthma Australia August 2015. This plan was developed as a medical document that can only be completed and signed by the patient's treating medical doctor or nurse practitioner and cannot be altered without their permission.

Green ASCIA Allergic Reaction Plan is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.



The form is titled 'ACTION PLAN FOR Allergic Reactions' and is from ASCIA (www.allergy.org.au). It includes fields for Name, Date of birth, Confirmed allergens, Family/emergency contact name(s), Mobile Pht, and Date. It contains several sections: 'SIGNS OF MILD TO MODERATE ALLERGIC REACTION' (listing symptoms like swelling, hives, tingling mouth, and abdominal pain), 'ACTION FOR MILD TO MODERATE ALLERGIC REACTION' (instructions for insect and tick allergies), 'WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)' (listing symptoms like difficulty breathing, swelling, and dizziness), and 'ACTION FOR ANAPHYLAXIS' (a 5-step protocol: 1. LAY PERSON FLAT, 2. GIVE ADRENALINE INJECTOR IF AVAILABLE, 3. Phone ambulance, 4. Phone family/emergency contact, 5. Transfer person to hospital). It also includes a note about adrenaline dosages and a warning to always give adrenaline first.

All plans **must be updated annually**, one of our first aid team will contact you when your child's plan is approaching expiration.

NPS Medication Authority Form

Parents **must provide all necessary medications** to be administered in the event of an emergency.

Medications will be administered by one of our trained First Aid Team members.

All medication is to be stored in the First Aid Room, NOT in the student's bag or classroom.

Any medication being stored at/administered on school grounds requires a NPS 2023 Medication Authority Form. These forms are to be **updated at the start of each year** (even if there has been no change to medications). These can be filled out by parents/carers or by a GP.

This form **must** be filled out regardless of a student having a medical plan. It must also be filled out for ongoing medication as well as temporary (for example, this form is required if a student is unwell and needs to be administered a course of antibiotics during school hours, as well as if a student requires a hay fever tablet only when symptoms arise).



2023

Medication Authority Form
for a student who requires medication whilst at school

Name of School: Northcote Primary School
Student's Name: _____ Date of Birth: _____

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day. It can be taken before and after school and before bed.

Reason for Medication/s	Name of Medication/s	Dosage (amount)	Time/s to be taken	How it's taken (e.g. orally/topical/injection)	Dates
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication

Medication Storage
Please indicate if there are specific storage instructions for the medication.

Medication delivered to the school

- Please ensure that medication delivered to the school:
- Is in its original package
 - The pharmacy label matches the information included in this form.

Self-management of medication

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and their parents/carers, the school and the student's medical/health practitioner. Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment.

Monitoring effects of Medication

Please note: School staff do not monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement
The school collects personal information so as the school can plan and support the health care needs of the student, without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about your/your child and to request that it be corrected. Please contact the school directly or PGI Line on 96372676.

Authorisation:

Name of Medical/health practitioner: _____

Professional Role: _____ Contact details: _____

Signature: _____ Date: _____

Name of Parent/Carer: _____

Contact details: _____

Signature: _____ Date: _____

** If additional advice is required, please attach it to this form

Medication Authority Form.pdf

Copies of all forms can be found in the links on this page, alternatively printed copies of all forms can be collected from the front office.

Duty of Care

All NPS staff have a duty of care to our students – if we cannot establish contact with a parent/carer or emergency contact, an ambulance will be called if deemed necessary. Please ensure you make every attempt to be contactable during school

hours, have voicemail set up on your phone and that your emergency contact details stored at the office are up to date.